

# Serving the Community for 50 Years.

#### ISSUE 25

#### KCAC Vision

"A sustainable society that is welcoming, harmonious & inclusive and where people are healthy & feel happy & safe"

KINGSGROVE
COMMUNTY
AID CENTRE
ACKNOWLEDGES THE
SUPPORT OF GEORGES
RIVER COUNCIL FOR
THE VENUE AT 30
MORGAN ST
KINGSGROVE.



# IN THE COMMUNITY FOR THE COMMUNITY WITH THE COMMUNITY

#### SPRING NEWSLETTER 2017

#### A MESSAGE FROM THE CEO

Dear Readers,

What a year 2017 has been. It has truly been challenging at all levels of our work, in keeping up with all the reforms, changes and recommendations from the bureaucracy and government portals, we have proven that we can adapt and remain true to our core work and that is to work with vulnerable communities to engage and feel that they belong to a wider community.

On reflecting on the year that was, we faced many challenges and hurdles and have come through shining.

We passed validation and rating assessments in our work with the ageing community and in our child care services.

We maintained a high standard of service at all times in all that we do.

The highlight of my year was being awarded the Kogarah Woman of the Year for 2017. What a privilege and an honour to have received such an award by our State Member for Kogarah Mr Chris Minns. I am deeply touched and thank all those that have supported me, for this award and for their endorsement of my work in the St George area for the past 19 years.

Working to keep a locally based, relevant & accessible organisation for the benefit of many will be even more challenging in future years.



Our focus will not change and our enthusiasm to fight for what

is right will continue in the new year to help those that are young, vulnerable families, the aged, people

Continued page 2..

KINGSGROVE COMMUNITY AID CENTRE INC. 30 MORGAN ST KINGSGROVE PH:91507823 WWW.KCAC.ORG.AU



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#### Are you over 65?

Would you like to belong to one of our seniors social support groups?

Give us a call and speak to one of our friendly staff on 9150 7823, or simply just drop in for a chat!

We are open Mon to Fri 9am to 4pm at 30 Morgan St Kingsgrove.

## **UP & COMING EVENTS**

#### **December**

### 6th: International Day of People with

Disability Event.
Seniors Christmas

Party.

13th:

22nd: Centre Closes for

2017.

25th: Christmas Day.

#### **January**

8th: Office re-opens for

2018.

8th: First Day of Vacation

Care.

25th: Last Day of Vacation

Care.

26th: Australia Day 2018.

30th: School Resumes for

2018.

#### **February**

14th: Valentine's Day.



with disabilities and those suffering from mental illnesses.

On that note may I take this opportunity to wish you and your families and loved ones a very merry Christmas and a happy & safe New Year.

Anne Farah-Hill CFO.



## CHINESE MID AUTUMN MOON FESTIVAL

On Friday September 22nd, the Chinese community celebrated the Mid Autumn Moon Festival. The KCAC Chinese Grandparents Support & Activity Group held their Annual Traditional Chinese Opera to celebrate the occasion. Over 100 people attended the event as well as special guests, Councillor Vince Badalati and Councillor Nancy Liu of Georges River Council. We would like to thank them for attending. We would also like to thank Sandra Wong, our opera curator, for organising another successful event.

We hope to be holding an even bigger Moon Festival event in 2018.

The group also shared a lunch together in honour of this important day in the Chinese calendar.

This group meets every Friday and have a fantastic time enjoying various activities together including rehearsing for this opera. If you would like to join this group, make new friends and connect with the local Cantonese community, give us a call on 91507823.















## NATIONAL GRANDPARENTS DAY

The idea of celebrating a grandparents' day originated in the American state of Virginia in the 1970s among a group of housewives who wanted to recognise the contribution of these elderly people to the lives of their grandchildren.

It was President Jimmy Carter who made it an official day in the calendar in 1978. It has since been adopted by other countries, including Australia, where it is celebrated on 29 October each year. The Cantonese Grandparents Group at KCAC celebrated this special day for the first time with a large banner proclaiming "Grandparents' Day 2017" among the decorations in the main hall.

A tasteful lunch was served for about 30 people from a generous donation by the Georges River Council, which also provided some lucky door prizes to add interest to the occasion. We are most grateful to Georges River Council for its generosity and were happy to see Brenda, its representative, enjoying lunch with us and our CEO.

By Josephine Oen

Volunteer Coordinator of the Chinese Grandparents Support & Activity Group







Kingsgrove Community Aid Centre is a Not for Profit Organisation. We have 50 years experience providing services to the local community.

#### What we offer:

- Group Outings & Gatherings.
- Social Engagement & Interaction.
- My Aged Care Assistance.
- Case Management Service.
- Allied Health Podiatry Foot Care, in your home or at the centre.
- Computer & Technology Courses
- Gentle Exercise Classes
- Line Dancing Classes

#### **Benefits of Joining:**

- √ Enhance Emotional Health.
- √ Form New Friendships.
- √ Renew a sense of Empowerment in your life.
- Keep you independent & living in your own home.

#### **Seniors Support Services**



Call Us Today For More Information on 9150 7823 www.kcac.org.au

## KCAC ANNUAL GENERAL MEETING 2017

The KCAC Annual General Meeting was held on Wednesday 8th November 2017. The day began with some entertainment from the Rouli Ball Association who performed various dances including the traditional Chinese exercise dance.

The formalities were chaired by Anne Farah-Hill, and the members of the Board provided their 2016-2017 report.

We would like to thank the members of the Board as well as the staff and volunteers and members of the local community who attended. It has been another great year at KCAC.

After the formalities we enjoyed some more dancing entertainment as well as some refreshments.

The Kingsgrove Community Aid Centre looks forward to another rewarding year serving the local community in 2018.













## NATIONAL DAY OF PEOPLE WITH DISABILITY

## KCAC Celebrates National Day of People with Disabilities 2017

To celebrate the National Day of people with disabilities, Kingsgrove Community Aid Centre will be launching its disability art project. Come and join us to celebrate with a fun day of activities.

When: Wednesday 6th December 2017.

Where: Kingsgrove Community Aid Centre Hall,

30 Morgan St Kingsgrove.

Time: 10am till 2pm.

#### Refreshments will be provided.

Bookings essential for catering purposes.

For more information please contact Cathy Chen on 91507823 or email cathychen@kcac.org.au

This project was made possible with the support of Club Central through the CDSE Clubs Grants.



The Kingsgrove Community Aid Centre is an NDIS Approved provider.

If you or anyone you know would like to join our Disability Day Care program, give our friendly staff a call on 91507823.







## PLAYGROUPS @ KCAC

Playgroups are beneficial for children, families and communities. Play provides all children with the opportunity to learn, experience, investigate and interact. During play children create meaning from the world around them.

According to research from the 2012 Australian Early Development Census, children who attend playgroup are less likely to be developmentally vulnerable when they start school.

At the Kingsgrove Community Aid Centre we provide various playgroups including groups such as POPPY Playgroup & an Aboriginal Playgroup.

Pictured right is Rachel with our Friday Supported playgroup. The kids and parents love coming to playgroup with Rachel as she is amazing with all the children and very welcoming.

If you would like to join this group or any of our other playgroups, give us a call today on 91507823 for more information.







KINGSGROVE OOSH IS A
FULLY ACCREDITED SERVICE
PROVIDED BY THE
KINGSGROVE COMMUNITY AID
CENTRE INC.

AVOID LATE PICK UP FEES!
PICK UP YOUR KIDS ON TIME.
PLEASE SEE OUR KCAC
POLICY REGARDING LATE
PICK UPS.

KINGSGROVE COMMUNI-TY AID CENTRE PROVIDES OUT OF SCHOOL HOURS CARE AND VACATION CARE FOR ALL SCHOOLS IN THE KINGSGROVE, BEXLEY NORTH & BEVERLY HILLS AREA FROM OUR CENTRE AT:

69A Shaw St, Bexley North.

CALL US TODAY!

FOR MORE INFORMATION PLEASE CONTACT SANTINA ON 91507823 OR

#### **REMINDERS**

**VACATION CARE** ENROLMENT FORMS AND PROGRAMS ARE AVAILABLE ON THE WEBSITE 4 WEEKS PRIOR TO VACATION CARE. PLEASE RETURN YOUR FORM IN ASAP. FEES NEED TO BE KEPT UP TO DATE. STATEMENTS WILL BE GIVEN OUT MONTHLY. PLEASE CHECK OUR **FACEBOOK PAGE or WEBSITE FOR ENROLMENT FORMS AND** PROGRAMS. www.kcac.org.au

Programs are located in MEDIA tab.

## KINGSGROVE OUT OF SCHOOL HOURS CARE & VACATION CARE



#### **ENROLMENTS 2018**

We are now taking enrolments for 2018 in the Kingsgrove KOOSH Before and After school care program. To enrol your child go to the KCAC website at www.kcac.org.au, download an enrolment form and email to koosh@kcac.org.au.

All families need to re-enrol their children.

A registration fee of \$25.00 only applies to new enrolments

#### **VACATION CARE**

The January 2018 vacation care program is finalised and is available at the KOOSH centres or on the KCAC website.

Remember to book ASAP to avoid missing out.

KOOSH will be closed for 3 weeks over the Christmas period. We will close Friday the 15th of December and re-open on Monday the 8th January 2018.

#### **PLEASE REMEMBER THE FOLLOWING:**

We are a nut free centre so please do not send your children with any food containing nut products.

If your child has any medication, please give it to one of the OSHC staff with relevant information and action plans. Do not leave medication in child's bag.

Hats and sunscreen are required at the beginning of Term 4 to play outside.

#### **TERM 4 IMPORTANT DATES:**

Vacation Care Bookings Close— Friday 1st December 2017 Children Christmas party is on Friday the 15th of December. All new enrolments need to be in by—Friday 1st of December 2017.

#### **NEW FOR KOOSH & HOOSH IN 2018!!!!**

ALL CHILDREN WILL BE RECEIVING HOMEWORK HELP AS PART OF OUR CONTINUOUS IMPROVEMENT TO PROVIDE THE BEST OUT OF SCHOOL HOURS CARE SERVICE IN YOUR LOCAL AREA! THIS WILL BE AT NO EXTRA COST TO PARENTS. QUALIFIED TEACHERS WILL BE ASSISTING WITH ALL HOMEWORK WITH SPECIAL ATTENTION TO MATHS, ENGLISH & SCIENCE.

Homework Help!

<u>ALL CHILDREN</u> WILL BE WEARING A HIGH VISABILTY VEST WHENEVER OUT ON EXCURSIONS FOR VACTION CARE TO INCREASE THEIR SAFETY AND VISABILITY.



#### **Note to parents**

OUR FEES WILL <u>NOT</u> BE INCREASING IN 2018. WE HOPE YOU ENJOY YOUR HOLIDAY SEASON!

Santina Pacicca

Kingsgrove OOSH Coordinator









## HURSTVILLE OUT OF SCHOOL HOURS CARE & VACATION CARE

#### **GENERAL NEWS**

In July 2018, the Child Care Subsidy (CCS) will replace the current Child Care Benefit (CCB) and Child Care Rebate (CCR) as part of Australia's new child care package. To find out more, and to estimate what your new subsidy might be, visit



#### education.gov.au/childcare.

Quality Area 1. Please take a few minutes to complete a children's survey with your child to help us include your child's suggestions and ideas in our OOSH program. The survey includes suggestions for our afternoon tea menu, vacation care excursions and in centre days plus any suggestions and ideas for Before and After School Care.

#### **Re-enrolments**

Enrolment forms for 2018 are available on line. Our website is www.kcac.org.au. Please re-enrol your child by the end of November as places are limited.

#### 2017 HURSTVILLE OOSH FEES PER CHILD

Before School Care \$17 per day

After School Care \$27 per day

Vacation Care \$50 per day plus the cost of the excursion

Please complete an Ezidebit form to make sure your fees are always up to date.

If you are paying by direct deposit or Eftpos, please make sure your fees are up to date.

Statements will be emailed at the end of each month.

#### Absent children

Please call or SMS Katina on 0418481358 if your child will be absent from before and afterschool Care.

#### **DATES TO REMEMBER**

The Sport program will continue on Thursday afternoons.

The session will run from 4pm to 5pm. This program is funded by the Kingsgrove Community Aid Centre.

Children's end of year party Xmas Party will be held on Friday 1 December 2017, 3.30 to 5pm. All parents are welcome. Please feel free to bring a long a platter to share on the day.

On 6 December, the school will be holding their end of year disco. Please inform us if your child will be attending the function and if you wish for us to assist your child with getting ready for this event. **Term 4 will end for all students on Friday 15 December 2017.** The next Vacation care will commence on Monday 8 January to Thursday 25 January. School will resume on Tuesday 30 January 2018.

#### Katina Papadakis

#### **Hurstville OOSH Coordinator**









HURSTVILLE OOSH IS A
FULLY ACCREDITED
SERVICE PROVIDED BY THE
KINGSGROVE COMMUNITY AID
CENTRE INC.

WANT ONE LESS STRESS IN YOUR LIFE?

EZY DEBIT IS AVAILABLE, REGISTER NOW IF YOU HAVEN'T ALREADY.

ASK OUR FRIENDLY STAFF FOR MORE INFORMATION.

FOR MORE INFORMATION PLEASE CONTACT KATINA ON 91507823 OR 0418 481 358

Location:

Hurstville Public School, Forest Rd Hurstville

#### VACATION CARE

The next Vacation
Care period will
commence on
Monday the 8th
January 2018 and will
run until
Thursday 25th January
2018.
FUN ACTIVITIES AND
EXCURSIONS
ORGANISED.

School resumes
Tuesday 30th January

## KINGSGROVE VACATION CARE PROGRAM JANUARY 2018

ENROLL NOW FOR A FANTASTIC VACATION CARE PROGRAM COMING UP FOR JANUARY 2018.

SEE BELOW SOME OF THE EXCITING ACTIVITIES PLANNED THIS SCHOOL HOLIDAY SEASON IN THE KINGSGROVE & HURSTVILLE AREAS!















KINGSGROVE OUT OF SCHOOL HOURS CARE IANUARY 2018 VACATION CARE PROGRAMME Kingsgrove Public School & Shaw St Bexley Nth ON EXCURSIONS AND IN CENTRE DAYS PLEASE BRING SUN HAT, COMFY SHOES, PACKED LUNCH UNLESS OTHERWISE STATED ON THE PROGRAM. PARENTS PLEASE TAKE NOTE OF EXCURSION TIMES PLEASE CONTACT
SANTINA on 0407 659 766,
9502 3212 OR
HEAD OFFICE ON

			915078	23
Monday 8th January 2018	Centre day at 69a Shaw Street Bexley North Craft day  Be inspired, imaginative, creative and crafty with painting, Marbling, clay works and paddle pop construction. then there will be an exhibition to show off your masterpieces.	WHAT TO BRING Water bottle, Hat, Morning Tea & Closed	<u>Lunch</u> Pack your Lunch	<u>COST</u> \$50
Tuesday 9th January 2018	Join Kingsgrove Vacation Care for an exciting day at Glow Crazy Party Centre! Included in the cost is arcade games, air hockey, table tennis, Alsco, X-box and play station games.  Depart Centre 9am Return to centre 3pm	Water bottle, Hat, Morning Tea & Closed shoes	Pack your Lunch	\$68
Wednesday 10th January 2018	Centre day at 69a Show Street Bexley North Master Chef Day. Come along and enjoy a day of being a chef. Making different variety of foods with our Wonderful staff.	Water bottle, Hat, Morning Tea & Closed shoes	Lunch included	\$55
Thursday 11th January 2018	Mayles at Event Cinema Hurstville  Watch the latest movie and have a McDonalds Lunch in the food court.  Depart centre 9am Return to centre 3.30pm	Water bottle, Hat, Morning Tea & Closed Shoes	Lunch included McDonalds	\$70
Friday 12th January 2018	Centre day at 69a Shaw Street Bextey North Electronics and Games Day  Bring your favourite electronic device for sessions of digital fun. In the afternoon we will participate in Dance fever.	Water Bottle, Hat, Morning Tea & Closed Shoes	Pack your Lunch	\$50













KINGSGROVE OUT OF SCHOOL HOURS CARE IANUARY 2018 VACATION CARE PROGRAMME Kingsgrove Public School & Shaw St Bexley North ON EXCURSIONS AND IN CENTRE DAYS PLEASE BRING
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PLEASE CONTACT
SANTINA on 0407 659 766
OR 9502 3212,
HEAD OFFICE ON

WEEK 2	PARENTS PLEASE TAKE NOTE OF EXCUR	SION TIMES	91507823	
Monday 15th January 2018	Centre Day At 69a Shaw Street Bexley North 2207 Water Fun Play With water guns, water balloons, play a game of Duck, Duck Splash .Come along and enjoy the fun in the sun. Bring some spare clothes and a towel.	WHAT TO BRING  Water bottle, Hat, Morning Tea & Spare clothes & towel.	<u>Lunch</u> Pack your lunch	<u>созт</u> \$50
Tuesday 16th January 2018	Manhattan Super bowl 549 Gardeners Rd, Mascot NSW 2020 Take a ride down "Route 66" and immerse yourself in the rare memorabilia, witnessing a revival of those good old days. This includes 1 games + hotdog + drink box Depart Centre 9am. Return to Centre 3.30pm	Water bottle, Hat, Morning Tea, closed shoes & socks.	Lunch provided	\$70
Wednesday 17th January 2018	In Centre Day at . 42a Shaw Street Bexley North .2207 Happy Kids Sand Arf This Workshop is about creating a colourful future for kids. Children will make 2 sand art acrds with 18 colours of sand to choose from.	Water bottle, Hat, Morning Tea & Closed Shoes	Pack your lunch	\$65
Thursday 18th January 2018	Excursion to Tempe Park  Enjoy a day in the great outdoors, with your friends and enjoy  A sausage sizzle  Depart Centre 9am. Return to Centre 3pm	Water bottle, Hat Morning Tea & Closed Shoes	Lunch provided Sausage Sizzle	\$65
Friday 19th January 2018	In Centre Day at 69a Shaw Street Bexley North 2207 Sports Day Enjoy a day full of sports and competitive fun. Egg and Spoon Races, 3 legged races , Ball sports and more.	Water bottle, Hat Morning Tea & Closed Shoes	Pack your Lunch	\$50















KINGSGROVE OUT OF SCHOOL HOURS CARE
JANUARY 2018 VACATION CARE PROGRAMME
Kingsgrove Public School & Shaw St Bexley North
WIEEK 2

SUN HAT, COMFY SHOES, PACKED LUNCH UNLESS
OTHERWISE STATED ON THE PROGRAM.
PARENTS PLEASE TAKE NOTE OF EXCURSION TIMES

PLEASE CONTACT
SANTINA on 0407 659 766
OR 9502 3212,
HEAD OFFICE ON
91507823

Monday	Excursion to Monkey Mania 8 Greenfield Pd, Bankstown Sports Club.  Come along and enjoy the day out at Monkey Mania,	WHAT TO BRING	Lunch	COST
22rd January 2018	where all the fun is. With a range of different activities for children of all ages in a safe and friendly environment.  (Lunch included chips, nuggets and drink)  Depart Centre 9am. Return to Centre 3.30pm	Water bottle, Hat, Morning Tea & Closed Shoes	Lunch Included	\$70
Tuesday 23rd January 2018	Centre Day At 69a Shaw Street Bexley North 2207 Construction and Competition Day Children can come and become a builder, designer, an Architect for the day. There will be mini competitions throughout the day and prizes to be won.	Water bottle, Hat, Morning Tea & Closed Shoes	Pack your lunch	\$50
Wednesday 24th January 2018	Excursion To Glow Crazy  Join Kingsgrove Vacation Care for an exciting day at Glow Crazy Party Centre! Included in the cost is arcade games, air hockey, table tennis ,disco , X-box and play station games.  Depart Centre 9am Return to centre 3pm	Water bottle, Hat, Morning Tea & Closed Shoes	Pack your lunch	\$68
Thursday 25th January 2018	Centre Day At 69a Shaw Street Bexley North 2007 Australia Day Celebration and Party Day Come along and celebrate Australia day with some craft activities, outdoor play and some traditional Australian foods and party food .	Water bottle, Hat, Morning Tea & Closed Shoes	Pack your lunch	\$50
Friday 26th January 2018	<b>Australia Day</b> Public Holiday <u>Centre Closed</u>			

## HURSTVILLE VACATION CARE PROGRAM JANUARY 2018

ENROLL NOW FOR A FANTASTIC VACATION CARE PROGRAM COMING UP FOR JANUARY 2018. SEE BELOW SOME OF THE EXCITING ACTIVITIES PLANNED THIS SCHOOL HOLIDAY SEASON IN THE KINGSGROVE & HURSTVILLE AREAS!



In Centre Pamper day
Beauty parlour, Hair salon and dress up day,
e along in your groovy costume and get pampered.
Choose a cool tattoo and get your hair done

Excursion to Glow Crazy Party Centre le tennis, karaoke and disco, and a dance off challenge! Travelling by private bus, Depart 9am return by 3pm



Bring water bottle, hat, closed shoe morning tea

Must bring Must bring your own



ON EXCURSIONS AND IN CENTRE DAYS PLEASE BRING SUN HAT, COMFY SHOES, PACKED LUNCH UNLESS OTHERWISE STATED ON THE PROGRAM.
PARENTS PLEASE TAKE NOTE OF EXCURSION TIMES

HEAD OFFICE ON 91507823

VACATION CARE PROGRAMME furstville Public school, Forest Rd Hurstville WEEK 2: 15th to 19th January 2018 In centre day—wet and wild games day
Come along and join in some fun water games with your friends.
The day will include water fights so please bring a change
of clothing and a towel.
Craft activities: Mosaic art and water painting Must bring Excursion to Powerhouse Museum
This excursion includes Kids on Deck activity space with interactive games, dress-ups and art making, all the galleries including special exhibitions, entry to Action Stations and the Narvy vessels the destroyer HMAS Vampire and submarine HMAS Onslow, the fall ship HMB Endeavour, Cobinet of Curiosities fouch Trailey program and the James Craig Travelling by private bus, Depart 7am return by Spm Bring water bottle, hat, closed shoes morning tea and lunch In centre day—Scavenger hunt day

Come and join your friends with some great indoor/outdoor activities.

The day will begin with a Bingo challenge which will be followed by a scavenger hunt! The children will learn to work in teams and the winning feam wins a prize. Excursion to Tempe Park

Come along and join the children from Kingsgrove Vacation
on a fun adventure exploring the great outdoors.

The day will include a BBQ lunch and a play in the Park.
Travelling by private bus, Depart 9am return by 3pm Bring water bottle, hat, closed shoes, morning tea. Lunch will be provided Excursion to Power House Museum

Enjoy a fun day out at the Power house Museum
and see the exhibitions and lots of fun hands on activities
Travelling by private bus,
Depart 9am return by 3pm Must bring your own lunch



AID CENTRE INC



HURSTVILLE OUT OF SCHOOL HOURS CARE Hurstville Public school, Forest Rd Hurstville

PARENTS PLEASE TAKE NOTE OF

KATINA on 04I8 481 358 OR 0403 123 880 OR HEAD OFFICE

WEEK 3: 22nd to	EXCURSION TIMES		ON 915	07823
Monday 22 January 2018	In centre Day  Today we will be Mini Master chefs.  We will be making our own Gelato, Pancakes and Fruit salad and making our own little Café for our afternoon tea.  Children will have the opportunity to be involved in imaginary play and develop their social and group skills.	Bring water bottle, hat, closed shoes, morning tea and lunch		Must bring your own lunch
Tuesday 23 January 2018	Excursion: AMF Bowling Southgate  Enjay a fun day of bowling; with your friends  s 5 arcade tokens to use on arcade games of your choice  Travelling by private bus, Depart 9 am return by 3 pm	Bring water bottle, hat, closed shoes, morning tea and lunch	\$18	Must bring your own lunch
Wednesday 24 January 2018	In centre day—Cubby house and movie day  Come along and get comfy making a nice and cosy cubby house with your friends.  Morning activity: cooking popcorn  You can bring your own steeping bag and tent or use the centres.  Sit back, relax and watch a DVD movie of your choice  All person items brought to the Centre must be fully labelled	Bring water bottle, hat, closed shoes, morning tea and lunch		Must bring your own lunch
Thursday 25 January 2018	Excursion—Fun time 4 kids Menai  A great indoor adventure playground includes a 3 tier maize, Jumping Castle, Ball pools & Siides and a laser tag session Travelling by private bus, Depart 9am return by 3pm	Bring water bottle, hat, closed shoes, morning tea and lunch	\$18	Must bring your own lunch A treat will be provided on the day
Friday 26January 2018	Australia Day - Public Holiday -Centre Closed			



Do you work and have children at school?

Are you looking for a reliable and trusted service to care for them while you're at work? Look no further!

Kingsgrove Community Aid Centre is a Not for Profit Organisation. We provide OOSH services in the Kingsgrove, Bexley & Hurstville areas. We have been serving our local community for the past 50 years.

#### What we offer:

- · Before & After School Care.
- Vacation Care.
- Trained, Qualified & Experienced Staff.
- Fully accredited Service.
- · Healthy Meals and snacks.
- A safe environment for your kids.
- Fun & Educational Programs.
- Child Care Benefit (CCB) & Child Care Rebate (CCR) can be provided for eligible families.

#### **Out Of School Hours Care**



Call Us Today For More Information on 9150 7823 www.kcac.org.au

#### PODIATRY SERVICES

(Toenail Cutting and Foot Care in your own home, or at our clinic)
To see if you are eligible, please call the Kingsgrove Community
Aid Centre for more information or to make a booking on
9150 7823. We are open Monday to Thursday 9am till 4pm.

Fees are applicable.

Alternatively call the My Aged Care Hotline on 1800 200 422.

This is a Commonwealth Home Support program subsidised by the Federal Government.

PH: 9150 7823

www.kcac.org.au







www.myagedcare.gov.au











#### PLAYGROUPS HELD AT KINGSGROVE COMMUNITY AID CENTRE

Come and join one of our playgroups here at the Kingsgrove Community Aid Centre, 30 Morgan Street Kingsgrove. Learn to play, do craft, sing and have fun in a friendly and safe environment.

#### Monday: St George POPPY Supported Playgroup, 10am to 12pm

This is a free group run at Kingsgrove Community Aid Centre, for mothers experiencing emotional distress or mental health problems. Transport if needed in St George is available from Hurstville station. Please contact Kingsgrove Community Aid Centre on 91507823 Mon-Fri 9am-4pm or email poppy.playgroup@aftercare.com.au

Tuesday Morning: Narrangy-Booris Playgroup, for Aboriginal families held at 30 Morgan St Kingsgrove, 10am to 12pm. This playgroup is run by SDN.

Please contact the Menai Early Childhood Health Services on 95431111.

Tuesday Afternoon: Kingsgrove Playtime Playgroup (Playgroup NSW) 0-2 years. 1pm—3pm.

Wednesday: General public Playgroup at the Kingsgrove Community Aid Centre, 10am to 12pm.

Friday: Supported Playgroup for parents of children under 2 years old, 10.30am to 12pm.

Please call prior to attending Friday playgroup as places are limited.

For more information on any of our groups, Contact Rachel Gamboa on 91507823.

Mon – Fri 9am-4pm or Email us on: familyandchildrensservices@kcac.org.au

## www.kcac.org.au

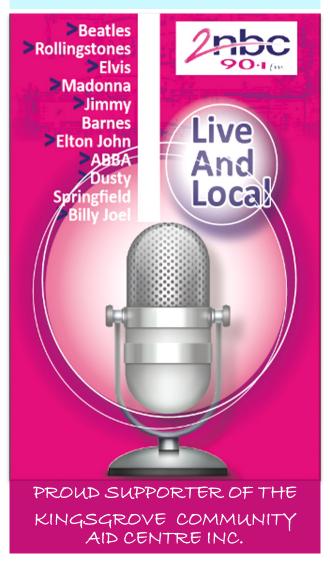
Kingsgrove Community Aid Centre Inc 30 Morgan St Kingsgrove 2208

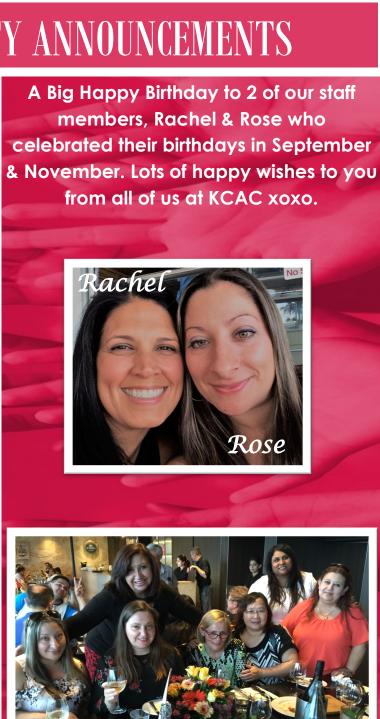
## KCAC COMMUNITY ANNOUNCEMENTS



**Kingsgrove Community Aid Centre** would like to wish all those clients, born in September, October & November a very HAPPY BIRTHDAY!! We wish you all the very best.

From the staff and Board at KCAC.







## WHAT'S ON AT CLUB CENTRAL HURSTVILLE



#### Santa's Wizard of Oz Show on Sunday 3 December:

Club Central Hurstville's annual Kids Christmas Show presenting **Santa's Wizard of Oz Show**.

Come dressed as your favourite Wizard of Oz character & every child will receive a free gift on the day.

Ticket pricing - Child: \$5 <a href="http://bit.ly/2ADIhpD">http://bit.ly/2ADIhpD</a>

One free adult entry with every child purchase. Bookings essential - Limited tickets available.





#### Christmas treats raffle is 11 December:

Members and guests can win a share of over \$5,000\* worth of Hams, Pork, Seafood Vouchers, Hampers and TOYS on Monday 11 December! Just in time for Christmas.

Tickets will only be available on the day from 6pm, prizes drawn from 7.30pm. Members will get 5 numbers for every \$1 spent. Bonus 5 numbers for every multiple of \$5 spent.

Early Bird Special – Members and guest can pre-purchase a voucher at reception for the amount of tickets

they would like to buy PRIOR to the raffle day to receive DOUBLE the spend on the raffle day.





#### Christmas day lunch 25 December:

Celebrate Christmas Day with a tantalising 3-course menu with canape on arrival at Club Central Hurstville.

Members \$70 | Non Members \$88 | Children (3-12 years) \$41

Tickets and Information: http://bit.ly/2iRVd2X





#### And to bring in the New Year 31 December:

New Year's Eve at Club Central Hurstville with the entertainment from tribute band ABBASBACK. Ticket package includes a late night snack and a courtesy bus is available, please contact reception to make a booking on: 02 9570 3355

COST: Members: \$10 Non-members: \$12,

over 18's Only.



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## Guardian understands every goodbye is different.



Saying goodbye to a loved one can be a daunting and emotional time and no-one understands this better than Guardian Funerals.

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