PLAYGROUPS FOR PARENTS & CHILDREN 0-5YRS AT THE KINGSGROVE COMMUNITY AID CENTRE INC



Come and join one of our playgroups at the Kingsgrove Community Aid Centre, 30 Morgan Street Kingsgrove.

Learn to play, do craft, sing and have fun in a friendly and safe environment.

Monday: St George POPPY Supported Playgroup, 10am - 12pm

This is a free group run by the Kingsgrove Community Aid Centre, for mothers experiencing emotional distress or mental health concerns. Please contact KCAC on 9150 7823, Mon-Fri 9am-4pm, email:

Wednesday: General public Playgroup at KCAC, 10am-12pm

This playgroup is run by KCAC in conjunction with Playgroup NSW for children up to school age at the Kingsgrove Community Aid Centre.

Friday: Supported Playgroup for children under 2 years of age 10.30am-12pm

This supported playgroup is run by KCAC for parents with children under 2 years. Please call prior to attending Friday playgroup as places are limited.

All Playgroups run during school terms. For more information on any of our groups, Contact Rachel on 91507823. Mon – Fri 9am-4pm or Email us on: familyandchildrensservices@kcac.org.au



www.kcacinc.org.au

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